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AMAZING LEARNING

Aspen E-learning Update
Week 10, 28th May 2020



Dear families,

Although this week has been a short one, it has been packed with learning and community collaboration!

STEAM week learning

The response to our STEAM week learning has been incredible, and showed us that some practical, lower-screen time learning was exactly what students and families needed! Mrs Stevens has shared the link to the padlet so please take the time to enjoy some of the incredible learning of our children.



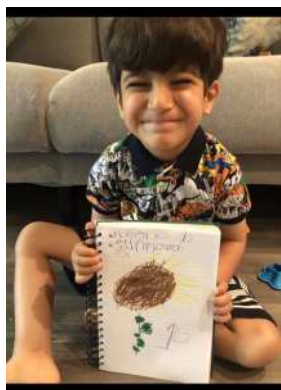
Family conferencing

Thank you to everyone who took part in this; it was well attended across the school. We always try to find positives in every situation. Zoom family conferencing adds a real flexibility for families and this is something we will be sure to consider when planning for the future- a choice of face-to-face or virtual conference day may suit our community! What has been significant though is how much you as families had to tell us as teachers about your child's learning. We always say that at Aspen families are integral and important elements of our learning community- and it has never been more clear that this is very much the case! Thank you for your support of your children's learning- we really could not do it without you!



Attendance and participation

There are 5 learning weeks left of this academic year, and these are 5 very important weeks! Our timetable has reverted back to our reviewed timetables before Ramadan. We need children to engage with learning as much as possible during these 5 weeks, as this is when the final assessments will be carried out. Please ensure your child engages with their learning right up until the end of term.



As you will be able to see from our family dates we have planned as if we were in school with a 'meet your new teacher' session and 'Amazing Aspen' awards. Thank you for your support.

Family workshop- assessment

We are hosting a family workshop on Assessment in Primary and Secondary on Thursday at 10.30, with Dr Kate Plumb, Head of Secondary, Mrs Laura Stevens, Head of Primary, and Ms Ouasilla Knani, Head of Arabic presenting. We hope many of you will join to hear of the range of tools we use to ascertain your child's attainment and progress during this distance learning provision.

<https://zoom.us/j/94682558193?pwd=Ml93ZzVuQWFJYVJiVmJ0eXNNdGFXUT09>

Meeting ID: 946 8255 8193

Password: 090055

Wishing you a restful weekend with your families,

Mrs Emma Shanahan
Principal, Aspen Heights British School



Primary Update

Eid Mubarak! What a fabulous, fun-filled and experimental couple of days we have had.

I have been extremely impressed with the STEAM learning that has been happening across the school. Well done to everyone who posted their learning to the Padlet:

<https://padlet.com/headofsecondary5/ttgajpqpvec>

There is still time to post and view your friends learning if you have not already. I loved the outcome of the rainbow experiment, as well as building a fort - very imaginative! Also the colour explosion was a fun one to do. I hope you enjoyed these activities whilst also opening up your minds to different theories and ideas.

I look forward to next week - another busy week of live sessions and other learning activities. Have a lovely weekend.

Mrs Laura Stevens
Head of Primary



Isaac FS1 Mice



Head of Secondary

It has been lovely to speak to so many of you during our family conferencing days to discuss well-being and progress over the academic year and during the e-learning period.



We have a very busy two weeks ahead with the End of Year Assessments approaching. Next week the children complete assessments in their Ministry of Education Curriculum subjects and then the week after we have assessments in the English National Curriculum subjects, more details will be sent out next week regarding our English National Curriculum subject assessments.

Assessments	7 Saadiyat	7 Mariyah	8 Yas	8 Futaisi
Arabic	Sunday Session 1	Sunday Session 2	Wednesday Session 5	Wednesday Session 5
Islamic Studies	Monday Session 1	Monday Session 1	Monday Session 2	Tuesday Session 1
UAE Social Studies	Tuesday Session 1	Monday Session 5	Sunday Session 3	Tuesday Session 2

In order to help your child to keep calm during the assessments and lead up to the assessments you may like some of the below tips.

Try to teach a few calming techniques to your child, a range of very simple techniques can be very effective when trying to calm down and relax:

- Breathe slowly through the nose, hands on the tummy and eyes closed.
- Breathe slowly and count from 1-5 (counting breath).
- Breathe out slowly as if blowing out the candles on a birthday cake.
- Visualise a calming colour as you breathe out (colour breath).
- Visualise a calming place as you breathe out.
- Say a word to yourself or a short sentence (“I can keep calm”).

Try to identify which of these techniques your child finds most helpful, and have that be their own way of calming down.

I hope these tips help. As always please do contact me if you have any queries.

Dr. Kate Plumb
Head of Secondary

